



NEW LEAF PREP ACADEMY

Birthday Treat Guidelines

Studio _____

Number of Students _____

With your Child's Birthday Approaching we would like to send home a friendly reminder of our guidelines if you plan to bring in a special treat to celebrate (which is completely optional). Please return this form filled out with the following guidelines in mind:

New Leaf places a strong value on healthy and organic options so it is important that birthday treats also reflect this. We ask that birthday treats are not pre-packaged and it is a snack that the students can prepare together. Your child will be the "chef" for snack time and teach the rest of the class how to prepare their special birthday treat. Snacks are served beginning at 9:30am. We do need to be made aware at least a week in advanced and snacks must meet the following criteria:

- Must be a healthy option with a fruit or vegetable
- No Corn Syrup in ingredient lists
- Should contain limited refined sugar
- No artificial colorings or preservatives
- Apples or Dairy must be Organic

Examples: Ants on a Log, Organic Apples & Peanut Butter, Chocolate Covered Bananas, Fruit or Vegetable Pinwheels, Fruit Popsicles, Trail Mix, Chips & Humus... etc.

If you would like to bring in a snack for your child's studio please complete the following and return to your student's teacher:

Child's Name:	
Date of Treat:	
Treat Components:	
Necessary School Provided Tools (butter knife, apple cutter, etc.)	